

"To see ourselves as others see us is a most salutary gift."

Wrote Aldous Huxley

"Hardly less important is the capacity to see others as they see themselves"

Based on ancient philosophic traditions, the Enneagram is a tool that describes nine different characters. This will help you understand the personality types of yourself and others.

About the workshop

The Purpose – of the workshop is to work within the context of personal growth. It will help you discover your personality type and understand your motivations and avoidances in a deeper way.

Who is it for? – it is suitable for all who wish to investigate what makes them tick and what they avoid in their lives.



What happens? – We will be introducing the basic structure of the Enneagram and how that can help you in your professional and

personal lives. Referring to the three Centres (Head, Heart and Gut) we will outline the 9 personality types that will lead you to gain more insight into yourself and others. The Wings on either side of your personality type influence your type and the direction of the arrows help you move from being stressed to being relaxed and healthy.

What kind of group? – the group work includes working alone and with others to discern what type you may be in the Enneagram.

What is the Enneagram? – It is a rich map to personal development by the study of the nine basic types of people.

A little info about the facilitators:

Ros Borland worked in film production for many years, moving up the ranks from runner to producer. She is now a playwright and screenwriter who uses the Enneagram for her character development.

Robin Anker- Petersen has worked with the Enneagram since the 1980s, using it in pastoral work to understand and help people as well as teaching it in the context of our Enneagram community here at The Bield. I am really looking forward to our days in 2025 introducing and consolidating understanding of the Enneagram.



There will be the opportunity to
Go Deeper with the Enneagram
On 28th June 2025



Booking information

Cost : £65

(Includes morning coffee, lunch and afternoon tea and all materials)

Please book through reception at:
Info@bieldatablackruthven.org.uk

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to:

The Bield Christian Company Ltd

Sort Code: 83-47-00

A/C 00100095

Please include surname as reference

Card payments can be made over the phone.

Extend your stay?

You might like to come to the Chapel
at 9 am or 5 pm

You might like to stay the night before
or after the retreat.

The Bield at Blackruthven

Tibbermore

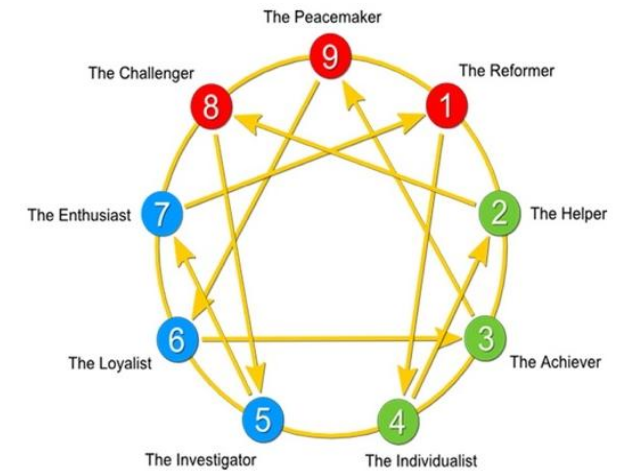
Perth PH1 1PY

Tel: 01738 583 238



The Bield at Blackruthven

Enneagram Introduction Days



8th March and 3rd May 2025

10am – 4:00pm

(same content both days)

Facilitators

Robin Anker-Petersen & Ros Borland

Cost per day £65

Includes lunch and hot drinks

www.bieldatablackruthven.org.uk

Scottish Charity SC 027462

