

The Bield at Blackruthven

Journey into Healing Workshop 2018



Wednesday 7th March
Saturday 5th May
Saturday 8th September
Saturday 1st December

9:45am - 4:30pm

Facilitated by,
Lesley Ann Pratchett &
Robin Anker-Petersen

£45 per day
(includes lunch & refreshments)
Journey into Healing

*I'm going out to clean the pasture spring:
I'll only stop to rake leaves away
(and wait to watch the water clear, I may):
I sha'nt be gone long. - You come too.*



In just a few lines Robert Frost has captured the essence of a Journey into Healing workshop. Participants are invited to visit the spring in their lives; to gather leaves that may have accumulated; to find some means to remove the blockage; and to do it together in a group setting.

About the workshop

The Purpose - of the workshop is to be open to ourselves, to each other and to God for growth and healing.

Who is it for - it is suitable for all who are looking for healing and growth in their relationships or in their inner, emotional or spiritual lives. It is not a requirement that

group members be professing Christians, but this is the context in which the groups run.

What happens - much of the workshop is spent in small groups facilitated by experienced leaders.

What kind of group - the group work includes personal growth, Gestalt and 'Here and Now' approaches, healing the inner child, openness to the healing work of the Holy Spirit - all in a worshipful atmosphere and peaceful surroundings.

What is Gestalt - Gestalt approaches are creative, encourage self-awareness and insist on respect, freedom of choice and personal responsibility. Our small group is a safe place to become more real and to take risks. The workshop can be a personal healing experience and at the same time a workshop to enhance and inform one's own ministry. It is understood that no-one is accepted as an observer, but that all participate in the group work. Strong feelings are sometimes expressed in the group.



For more information on Journey into Healing please visit www.journeyintohealing.co.uk



The Bield at Blackruthven

Please book through Muriel at:
info@bieldatblackruthven.org.uk
or 01738 583238

Cost £45
(includes lunch & refreshments)

When booking, please pay in full:

The Bield at Blackruthven
Tibbermore, PERTH PH1 1PY

See web site for Cancellation Policy
Card payments can be made on the phone.

Cheques & BACS are Payable to:
The Bield Christian Company Ltd.

Sort Code 83-47-00 A/C 00100095
*Please include **Surname** or **Group Name** as a*
BACS reference and email.

info@bieldatblackruthven.org.uk
to confirm BACS payment.

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