



The Bield at Blackruthven

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The Bield Christian Co. Ltd.
Blackruthven House
Tibbermore
PERTH PH1 1PY

Scottish Charity
SC 027462

Reception: 01738 583 238
info@bieldatblackruthven.org.uk
www.bieldatblackruthven.org.uk

Individual Retreat – Booking Form

Please Print a copy, fill it in and send to The Bield by post or email.

Please take time to consider the aim of your Retreat or visit. In order that you can gain the greatest benefit from your time at the Bield and that the appropriate staff be available, please return the completed booking form to us 14 days before your arrival. You will of course be able to alter your requests when you arrive. *Please **PRINT**...*

Please tick box if you are happy for your details to be held on file []

Name: _____ Email _____

Address: _____

_____ Post Code _____

Tel. No. Day: _____ Mobile: _____

Arrival Day: _____ and Date: _____ Arrival Time: _____

Departure Day: _____ and Date: _____ Departure Time: _____

Total Cost: £ _____ Deposit Paid: £ _____ Balance Due: £ _____

Dietary needs (*we cater for Vegetarian, Dairy & Gluten Free*): _____

Retreat Possibilities (Please ✓ 1 or more) I am interested in undertaking a ...

- | | | |
|--------------------------------|--------------------------|--|
| <u>Guided Retreat</u> | <input type="checkbox"/> | A variable length retreat. Meet daily with guide. |
| <u>Silent Guided Retreat</u> | <input type="checkbox"/> | As Guided Retreat – In silence when not meeting with guide. |
| <u>Ignatian Guided Retreat</u> | <input type="checkbox"/> | In the Ignatian tradition – 3 or 5 days [8 days by arrangement].
In Silence – meet daily with prayer guide; prayer material given. |
| <u>Silent Retreat</u> | <input type="checkbox"/> | Time and space to be in reflective silence. |
| <u>Art Retreat</u> | <input type="checkbox"/> | A combination of the above whilst working with art materials. |
| <u>Listening</u> | <input type="checkbox"/> | Meet with Listener to explore any personal issues – daily session. |
| <u>Counselling</u> | <input type="checkbox"/> | Meet with Counsellor to explore any personal issues – daily session. |
| <u>Rest and Restoration</u> | <input type="checkbox"/> | Time to rest and enjoy the space and facilities. |
| <u>Prayer for Healing</u> | <input type="checkbox"/> | Meet to pray for any aspect of personal healing. Prayer – laying on of hands; anointing; prayer for your family tree are some options. |

In addition (Please ✓ 1 or more)

- I would like to make use of the Art Room.
- I am happy to work on my own.
- I would like the support of the Art Facilitator.
- Book Massage Therapy (separate charge).

We hope you will enjoy (come prepared for!):

- ★ The heated indoor swimming pool.
- ★ The Labyrinth in the orchard & tennis court.
- ★ Various length of walks – bring boots/wellies..
- ★ The adult size swings.
- ★ The Carpenter's Chapel: Prayers at 9am & 5pm.