



The Bield at Blackruthven

Bield at Blackruthven

Saturday 4th November

10:00am – 4pm

A day in the living reflectively series



Finding clarity in the midst of life's challenges

An introduction to the Quaker practice of listening to the Inner Teacher in community

led by Vèrène Nicolas

Cost £47 (includes lunch)

Concessions available

At times of transition or when facing major challenges, many of us experience anguish and disorientation. It's not clear what Life is asking of us and we often feel alone in holding the complex web of thoughts, implications and emotions.



Though specific practices inspired by the work of Parker Palmer, a Quaker author and educator, this day exploration will enable us to dialogue with our inner Teacher – or true Self – to access wisdom and direction.

Some journeys are direct, and some are circuitous; some are heroic, and some are fearful and muddled. But every journey, honestly undertaken, stands a chance of taking us toward the place where our deep gladness meets the world's deep need.

Parker J Parker

Together and with the help of poetry or imagery, we will create a safe space to let our souls and lives speak. In so doing, we will learn a way of listening and expressing deeply in community that each of us can take and practice in our own life if inspired to do so.

Participants may want to read Parker Palmer's "A Hidden Wholeness" ahead of time but it isn't a requirement. No one will be left out.



Vèrène Nicolas is an experienced facilitator based in Glasgow. She works with individuals, teams and faith groups, on the themes of leadership, finding deep integrity and relating to others and oneself with care and compassion. She is particularly

interested in helping create spaces that are hospitable to the soul in groups and organisations. To find out more about her work: www.verenenicolas.org

Please book through Muriel at:

Cost of day £47 – includes lunch and refreshments. Full payment is required at time of booking.

email

info@bieldatblackruthven.org.uk

or

Tel - 01738 583238

Tues – Fri 9am – 4pm

*See web site for Cancellation Policy
Card payments can be made on the phone.*

*Cheques & BACS are Payable to:
The Bield Christian Company Ltd.*

**The Bield at Blackruthven, Tibbermore,
Perth PH1 1PY**

www.bieldatblackruthven.org.uk



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